

# GL T&F Women's Top 10 Performance List

## Shot Put

Julie Costello	40'5"	2002
Tracy Yiirs	39'3.75"	1997
Sara Armstrong	38'3.75"	1999
Kristi Kulp	36'6.5"	2005
Amanda Malloy	36'6"	2000
Victoria Mills	36'3"	2017
Tasheka Wilson	35'0"	2017
Mallory King	34'10.25"	2006
Sarah Brandt	34'2"	1992
Brittany Gilmartin	34'1"	2003

## Discus

Mara Clark	132'3"	2016
Julie Costello	122'1"	2001
Sarah Armstrong	117'0"	1999
Sarah Brandt	115'10"	1992
Kristi Kulp	113'10"	2005
Victoria Mills	110'6"	2017
Tracy Yiirs	110'0"	1997
Lindsay Brandt	107'0"	1995
Brittany Gilmartin	103'10"	2004

## High Jump

Julane Thayer	5'6.5"	1982
Jessica Barnes	5'5"	1989
Carolyn Morgan	5'3"	2017
Mary Randall	5'3"	1994
Kendra Erskine	5'3"	2003
Alyse Anderson	5'3"	2004
Janet Kolp	5'2"	1985
Cindy Bickert	5'2"	1974
Ola Hendler	5'2"	2012
Karlie Lambie	5'2"	2014
Janece Thayer	5'1"	1980
Hailey French	5'1"	2015

## Long Jump

Tory Schiller	18'8"	2011
Kendra Erskine	18'2"	2002
Hailey French	17'8.5"	2012
Connie Falor	17'6.5"	1983
Casey Hawkins	16'11"	2006
Breanne Workman	16'6.25"	2002
Rebecca Compton	16'5.75"	2009
Leslie Morrill	16'4.75"	1975
Lisa Hill	16'2.5"	1984
Kim Clark	16'2"	1987
Rachel Forstat	16'2"	2002

## Pole Vault

Jackie Clark	11'6"	2005
Colleen Dupuis	10'6"	2001
Valerie Hankins	10'1"	2006
Kelly Brooks	10'0"	2006
Sara Peltier	9'10"	2013
Emma Lee	9'9"	2013
Kristen Allen	9'9"	2010
Amy Kier	9'6"	1999
Maddie Burman	9'6"	2010
Emily Rutkowski	9'2"	2012
Beth Swinehart	9'0"	2000
Lauren Clark	9'0"	2012
Vanessa Miller	9'0"	2015

## 100 Meter Dash

Monica Olivett	12.24 c	2000
Stephanie Staubus	12.24 c	2005
Tina Salo	12.34 c	1978
Kelsey Krupp	12.44 ( c )	2013
Alex Tarver	12.54 ( c )	2010
Brittanie Pruitt	12.63 (FAT)	2008
Leslie Morrill	12.74 c	1975
Ann Dyer	12.74 c	1974
Breanne Workman	12.84 c	2003
Makilah Kent	12.86 c	2016

Shelly Pollitt	13.04 c	1981
Lisa Hill	13.04 c	1982
Shawn Farmer	13.04 c	1988
Connie Falstead	13.04 c	1984
Connie Falor	13.04 c	1984

## 200 Meter Dash

Stephanie Staubus	25.54 c	2005
Monica Olivett	25.74 c	2002
Ola Hendler	25.98 (FAT)	2012
Tina Salo	26.04 c	1979
Madison Arnouts	26.49 (FAT)	2014
Diane Fletcher	26.54 9 c	1982
Kelsey Krupp	26.54 c	2013
Breanne Workman	26.53 (FAT)	2002
Alex Tarver	26.74 c	2010
Ann Dyer	26.94 c	1975

## 400 Meter Dash

Ola Hendler	56.71 (FAT)	2012
Vicky Sackett	58.94 c	1995
Ann Dyer	59.54 c	1974
Diana Gildo	60.13 (FAT)	2017
Connie Falor	60.14 c	1983
Kelsey Krupp	60.33 (FAT)	2013
Madison Arnouts	60.64 c	2014
Lisa Hill	61.14 c	1985
Rebecca Dugopolski	61.64 c	1998
Kendra Erskine	61.64 c	2003

## 800 Meter Run

Jenna Magness	2:18.40 (FAT)	2016
Jennifer Snelgrove	2:18.43 (FAT)	2007
Vicky Sackett	2:19.94 c	1996
Hannah Orwat	2:22.08 (FAT)	2011
Krista Magness	2:22.64 (FAT)	2012

Jeannine Nash	2:24.34 c	1978
Lindsay Orwat	2:24.59 (FAT)	2011
Amanda Westman	2:24.73 (FAT)	2008
Anne Pierson	2:24.86 c	2002
Marci Westman	2:25.04 c	2007

## 1600 Meter Run

Jenna Magness	4:56.12 (FAT)	2017
Emily Langenberg	5:03.91 (FAT)	2005
Jennifer Snelgrove	5:09.92 (FAT)	2009
Vicky Sacket	5:14.64 c	1997
Krista Magness	5:15.53 (FAT)	2013
Amanda Westman	5:15.94 c	2008
Christy Snelgrove	5:20.06 (FAT)	2010
Jaclyn Magness	5:21.54 c	2011
Taryn Hubaker	5:23.16 (FAT)	2013
Claudia Baryo	5:24.57 (FAT)	2017

## 3200 Meter Run

Emily Langenberg	10:47.20 (FAT)	2007
Jenna Magness	10:51.94 (FAT)	2016
Jaclyn Magness	11:24.14 (FAT)	2009
Jennifer Snelgrove	11:24.55 (FAT)	2009
Claudia Baryo	11:24.97(FAT)	2017
Allison Dible	11:29.84 (FAT)	2012
Rebecca Thelen	11:29.94 c	2003
Olivia Conway	11:32.70 (FAT)	2015
Taryn Hubaker	11:42.88 (FAT)	2013
Christy Snelgrove	11:45.65 (FAT)	2010

## 100 Meter Hurdles

Tory Schiller	14.46 (FAT)	2011
Amy Borgeson	15.64 c	1987
Tina Salo	15.64 c	1978
Andrea Sherrill	15.94 c	1989
Lindsey Schrauger	15.94 (FAT)	2007
Amy Karamol	16.04 c	2000
Kate Boyd	16.09 ( c )	2008
Kristi Walker	16.24 c	1998
Sue Purchis	16.44 c	1976

Julane Thayer	16.54 c	1983
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### 300 Meter Hurdles

Tory Schiller	43.63 (FAT)	2011
Madison Arnouts	46.01 (FAT)	2012
Emily Schaefer	47.55 (FAT)	2012
Kate Boyd	47.61 (FAT)	2009
Amy Borgeson	47.64 c	1987
Sara Simon	48.94 c	2000
Kristi Walker	49.54 c	1998
Sherrie Adams	49.64 c	1983
Andrea Sherrill	50.04 c	1989
Lindsey Schrauger	50.14 c	2007

### 400 Meter Relay

Krupp, Hendler, Modig, Schiller	49.64 c	2011
Tarver, Schiller, Krupp, Hendler	49.80 (FAT)	2010
W. Hawkins, Staubus, Hoose, Workman	50.04 c	2003
W. Hawkins, Staubus, Forstat, Workman	50.14 c	2003
Fletcher, Hill, Adams, Falor	50.64 c	1983
Kent, Coates, Morgan , Rambo	50.86 (FAT)	2017
Rambo, French, Travis, N. Novak	51.18 (FAT)	2014
Kent, Coates, Morgan, N. Novak	51.24 (FAT)	2016
Fletcher, Adams, Pollitt, Falor	51.34 c	1982
R. Forstat, C. Hawkins, Hoose, Staubus	51.34 c	2004

### 800 Meter Relay

Krupp, Hendler, Modig, Schiller	1:43.86 (FAT)	2011
Krupp, Hendler, Tyson, Tarver	1:45.10 (FAT)	2010
R. Forstat, Staubus, K. Erskine, Workman	1:45.34 c	2004
Fletcher, Hill, Adams, Falor	1:45.54 c	1983
Rambo, French, Lambie, Ma. Arnouts	1:47.23 (FAT)	2014
Tarver, Hendler, Krupp, Schiller	1:47.48 (FAT)	2010
Staubus, Workman, Radamacher, R. Forstat	1:47.64 c	2003
Fink, Luethjohann, White, T. Barner	1:47.84 c	1976
K. Clark, Mietler, Shorer, Farmer	1:47.94 c	1988
Fletcher, Adams, Pollitt, Falor	1:47.94 c	1982

### 1600 Meter Relay

K. Magness, Laudick, Lambie, Ma. Arnouts	4:01.42 (FAT)	2014
Arnouts, Laudick, H. Orwat, Hendler	4:04.28 (FAT)	2012
Shell, Lewis, Dugopolski, Sackett	4:06.54 c	1997
Fletcher, Hill, Thayer, Falor	4:07.54 c	1983
Forstat, S. Simon, K. Erskine, Staubus	4:10.04 c	2003
R. Forstat, Staubus, K. Erskine, Workman	4:10.34 c	2003
Luethjohann, Doll, Ilieff, T. Barner	4:12.24 c	1976
Krupp, Arnouts, Clark, K. Magness	4:12.69 (FAT)	2013
Fletcher, Boyd, Sackett, Randall	4:12.74 c	1996
Seagraves, A. Fletcher, Sackett, Randall	4:13.44 c	1995

### 3200 Meter Relay

Snelgrove, A. Westman, Sanders, Langenberg	9:25.30 (FAT)	2007
A. Westman, J. Magness, Sanders, J. Snelgrove	9:36.86 (FAT)	2008
M. Westman, M. Simon, Schoonmaker, Langenberg	9:44.64 c	2004
L. Orwat, H. Orwat, Arnouts, K. Magness	9:47.72 (FAT)	2012
L. Orwat, H. Orwat, Dible, K. Magness	9:47.84 (FAT)	2012
Schoonmaker, A. Westman, M. Westman, Langenberg	9:49.64 c	2006
Dugopolski, Powers, Toy, Sackett	9:53.04 c	1997
L. Orwat, H. Orwat, C. Laudick, K. Magness	9:56.23 (FAT)	2012
Kentner, Nichols, Pierson, Powers	9:58.04 c	2000
L. Orwat, H. Orwat, Gwardzinski, J. Magness	9:59.73 (FAT)	2011